Day Before Checklist

Nearly there....this checklist could help you stay relaxed the day before.

Checklist of things to do the day before your wedding

- Spend alone time with your partner one last time (if you are going traditional and not staying together the night before your wedding)
- Eat Healthy Meals throughout the day
- Drink a lot of Water
- Print out a lit of vendor details such as name, phone number, arrival time (in case of emergency) and give to one of your helpers
- Pack a Bag or Clutch of Personal Items for the wedding day
- Practice walking in your shoes one last time
- Go over your vows one last time
- Clean your engagement ring
- Grab a pair of jandels/Flip Flops for the big day...you may need them after a few hours in heels
- Put any items and bags you need in the car
- Turn your phone on silent or hand it to someone so you can switch off to the noise the day before
- Charge your phone while it is in silent mode
- Say a Big "thank you" to those really close to you before the wedding day chaos kicks in
- Write a love note/text to your partner - something short and sweet to end the day with love
- Watch something that'll make you laugh to put you in good spirits
- Keep up with your nightly beauty rituals such as moisturizer etc
- Get a good nights sleep

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